



**SURANA EDUCATIONAL
INSTITUTIONS**

Post Graduate Department of Psychology

Accredited by NAAC with an 'A+' Grade, ISO 9001:2015 & IAO Certified Institution, Affiliated to Bangalore University & approved by AICTE.

Synod 3.0

Counselling Psychology: Passion and Compassion

Aug 9 and 10, 2024

(Friday and Saturday)

**Surana College, Kengeri Satellite Town,
Bengaluru**

About the conference

Synod of Psychologists is an annual event organized by Surana College to create a platform for experts and students to share their ideas and knowledge. The first event of Synod took place on the 26th of February 2022, wherein many experts participated and contributed to the success of the event. With the first event of Synod, “Surana Wellbeing Centre” was also inaugurated, it is an initiative that was put forth to cater to the mental well-being of everyone in need. It aims to provide counselling, psychotherapy, assessment, extension activities, training, and research. So far the well-being center has active MoU with many esteemed institutions who are in need of psychological services.

Synod of Psychologists 2.0 – The vision of Vocations held on 31st July and 1st August, 2023 explored the frontiers of psychology. Three panel discussions with themes, use of psychology in social media, current day therapies and community development helped in investigating unexplored realms of psychology. Workshops focused on animal assisted therapy and nature based interventions provided an enriching learning experience.

Synod of Psychologists 3.0 – Counselling Psychology: Passion and Compassion, this unique gathering will bring together distinguished scholars, researchers, practitioners, and students to delve into unexplored realms of counselling psychology. By pushing the boundaries of conventional barricades between professionals, we aim to unravel the mysteries of human behavior, cognition, and emotion in nation-building.

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The Events



Panel discussions



Workshops



Paper presentations



Competitions

Panel Discussions



Mental health and Technology

The Licensure and Regulation of Counselling in India



The Workshop

Dance and movement therapy



Movement is our first language. It begins in utero and continues throughout our lives in some form or the other. Dance and movement therapy is the psychotherapeutic use of dance and movement to promote cognitive, emotional and social integration of the individual , for the purpose of improving health and wellbeing.

Through this workshop, you will learn the techniques to use dance and movement for your clients within a therapeutic setting.

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Themes for the paper and poster presentations



Counselling - An Indian Approach



Counselling and the Pandemic



Counselling and Technology



Counselling and International Practices

For the paper and poster presentations

Important dates:

- Abstract to be submitted by 10th July 2024.
- Full paper to be submitted by 25th of July, 2024.
- Mail your papers and abstracts to
suranapsychology@gmail.com

Guidelines:

- 10 minutes will be provided for a paper presentation.
- +2 minutes for discussion.
- Selected papers shall be allowed to present at the conference.
- The maximum number of participants per paper is three.
- The paper presentation should be in APA format.
- The paper should be 2000 - 2500 words.
- Paper must be preceded by a cover page specifying the title of the paper, names of authors, and their college names as also their contact numbers and email ids.
- The decision of judges will be final, and no arguments or appeals will be entertained.
- The papers presented will be published as conference proceedings.
- Each registered individual can present only one paper.

Cash prize of Rs 10,000 for the best paper presentation

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Competitions for students

Events highlighting the theme including mental health awareness shall be organized. These are available for offline participants only.

- **Painting:** Painting representing the theme using watercolours within the time limit. It is an individual event. Materials shall be carried by the participants. Only cardboard sheet shall be provided.
- **Short video:** Short video of 3 minutes highlighting the theme involving maximum of 3 participants should be recorded in our college campus. This video shall be screened in this schedule and the participants needs to answer the questions by judges if any.
- **Best counsellor:** Every participant shall have to exhibit their counselling skills by playing the role of a counsellor in the mock counselling arranged for 10 minutes.
- **Monoact:** Mono act relating to the theme for maximum 3 minutes.
- **One minute of fame:** Individual participant shall present their talent within one minute.
- **Dance:** Dance of any form considering the theme for maximum 4 minutes. Solo or group with maximum 5.
- **Quiz :** This shall be an individual event. 30 Multiple choice questions should be answered within 30 minutes. Time and number of correct responses are considered.
- **Treasure hunt:** 2 participants in a team shall crack the 4 dumb charades presented to them. Team which solves the 4 dumb charades, passes the four levels and reaches the treasure will be the winners.

First two winners in all the events shall be awarded. The one who wins maximum number of prizes shall be awarded as “Star of the carnival”

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Open to students from all streams

Join us in person or online

Venue is wheelchair-accessible

We care about you! Email any assistance you need to suranapsychology@gmail.com

Fees:

- Attending (Rs. 500/-)
- Competitions (Rs. 1000/-)
- Paper Presentation including participation in competitions (Rs. 1000/-)
- Additional charges for the workshop will apply

How to pay

Account Details:

Synod 3.0

A/C No: 2850201000411

IFSC Code: CNRB0002850

Bank Name : Canara Bank

Branch: Kengeri Satellite Town

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Note:

- All the authors of the papers should register individually
- All the members' participating in the group events should register individually.
- Inclusive of working-lunch, certificates and registration kit.
- Workshop participation is with an additional fee. An additional certificate will be issued for the workshop participants
- Hardcopy of the certificates will be issued to offline participants and e-copy for online participants.
- Certificates will only be provided to those who attend both the days.
- Registration fee is non-refundable.

Time: 10 AM to 5 PM

Venue: G C Surana Auditorium, Surana College, Kengeri Satellite Town, Bengaluru 60

Contact for more details: +91 96060 46227 /
suranapsychology@gmail.com

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